

ROSEMEAD SCHOOL DISTRICT

November Muscatel Breakfast and Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Egg, Cheese & Bacon Sandwich Beef Pasta Bolognese with Garlic Knot	Assorted Pop Tart with Cracker Chicken Taquitos, Refried Beans, Guacamole, and Pico de Gallo	5 French Toast Sticks with Turkey Sausage Grassfed Hot Dog with Three Bean Chili	6 Mini Chocolate Donuts Breaded Spicy or Regular Chicken Filet Sandwich with Creamy Coleslaw	7 Chocolate Chip Muffin Pepperoni, Sausage or Cheese Pizza with Tossed Salad
10 CLOSED	VETERANS DAY	12 Freshly Baked Cinnamon Rolls Chicken & Vegetable Dumplings, Edamame, and Chow Mein	13 Bagel with Cream Cheese Chicken Waffle Sandwiches, Tater Tots, and Pineapple Coleslaw	14 Ham & Cheese Croissant Pepperoni, Sausage or Cheese Pizza with Tossed Salad
17 _{Egg} Omelet, Turkey Bacon, and Toast Boneless Chicken Wings, Donuts, and Buffalo or BBQ Dip	Assorted Concha Crunchy Beef Taco, Refried Beans, Spanish Rice and Elote Salad	19 Freshly Baked Chocolate Chip Scones Spaghetti & Meatballs, Garlic Breakfast, and Garlicky Broccoli	20 Cinnamon Toast Crunch Filled Bar Grassfed Hamburger or Cheeseburger with Crinkle Cut Fries	21 Egg, Cheese & Sausage Tornado Pepperoni, Sausage or Cheese Pizza with Tossed Salad
24	25 ** ** ** **	SCHOOL BREAK	27	28

All children enrolled at
Rosemead School District
are provided breakfast and
lunch at no cost!

Available Daily:

8 oz 1% White Milk 8 oz. Nonfat Chocolate Milk Assorted Fresh Fruit & Vegetables



